



# Multidisciplinary teams as an enhanced learning tool

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A case study of an extra-curricular student endeavor resulting in exceptional learning outcomes.

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## Abstract

Cross-functional teams are all the rage in business where teams working on new product development can benefit from greater innovativeness and creativity when more diverse work units are put together to develop consumer products [1]. Within the realm of academia, particularly within engineering disciplines, the objectives and interactions of students remains narrow and targeted to the discipline of study. In this paper we look at the potential of enhanced learning outcomes driven by working in a cross-functional or multidisciplinary teams with an appropriate project being available. We examine the role an organically-formed student club played in providing just such a multidisciplinary, business-like project environment in which the participants were challenged to work together and ultimately succeeded in building a real-world product that would not have been possible for any one of the disciplines offered within this technical school.

## Introduction

Most students pick a major and plot a course to fulfill the listed requirements as quickly as possible. For engineering students, this is particularly acute as the programs include many required courses and minimal electives, particularly electives outside their area of study (see Appendix A: Blue Sheet of an EE Undergrad). Because of this limited flexibility and exposure to other disciplines, it is important to provide students the opportunity to work with collaborators outside of their normal academic programs. There are several ways that interactions like this might occur, but our primary focus is on a case study at Jubail Technical Institute in the Eastern Province of Saudi Arabia involving the formation of an extra-curricular student group at this technical skills-oriented school.

At this technical institute, a group of students had formed a welding club. As a single-specialty club, the students continued to focus on discussions and tasks within the realm of their academic study. It wasn't until more students became interested in these extra-curricular activities—and students from many different backgrounds came together—that a project with significant complexity and requirements became a potential project idea. As Miller, et. al., said “faculty, and clients overwhelmingly agree that multidisciplinary design teams tend to produce better engineering designs because of the broader range of expertise available to the team [2].”

It is under this premise that we discuss the team dynamics and opportunity for

enhanced learning within academic institutions that creating formal opportunities for multidisciplinary or cross-functional teams may provide. By providing more complex projects with many different skills and perspectives, educators can create an effective learning vehicle for real-world experiences and prepare today's learners for the challenges they will face when they enter the workforce.

## Literature Review

Multifunctional teams consist of members from different disciplines and functions that have applicable expertise about the proposed problems [3]. For example, a multifunctional product-development team might contain members from finance, manufacturing, operations, marketing, and engineering, plus customer and vendor representatives [4]. Multifunctional teams improve an organization's ability to solve complex problems, while, in the mean time, team members develop technical and professional skills, and learn how to work with people with different styles and cultural backgrounds [3], [4].

Recently, in many high-technology firms, multifunctional teams are playing a critical role in enhancing the collaboration between different departments via appropriate internal communication [5]. It is obviously that through sharing information, a multifunctional team is able to successfully implement projects, thus establishing and maintaining high-performance [6], [7]. For example, a multifunctional team at Amoco's Offshore Business Unit in New Orleans, Louisiana, is made up of geologists, geophysicists, engineering, and computer scientists. Their purpose was to acquire more oil from mature -fields in the Gulf of Mexico. With good interaction, this team substituted more than 100 percent of depleted reserves in 1990, showing excellent outcomes in finding new oil reserves [4]. Multifunctional teams provide the advantages of high absorptive ability since members' various expertise allows them to have multiple sources of communication, information, and perspectives, which are crucial for the high-performance of technology firms in competitive markets [3], [8].

When it comes to establishing a multifunctional team, knowing what the stages are and how to meet the needs of the team at each stage possibly avoid many pitfalls teams seem to experience. As demonstrated in [9], four stages are included to establish a team: forming, storming, norming, and performing. Upon forming a team, members considerably observe the boundaries of adequate team behaviors to assure that "the right people" are "on the bus" [10]. In this stage, such feelings as "pride in being chosen for the team", "excitement, anticipation, and optimism" or "suspicion, fear, and anxiety about the job ahead" are associated with members, which result in possible behaviors, like attempting to understand the task, deciding

adequate team behaviors, or discussing irrelevant problems to set a clear goal [9]. The second stage “storming” is possibly the most difficult stage due to the fact that members’ knowledge and skill domains differ as a result of their work experience and education, which occasionally cause negative effect on the growth of a team [3], [4], [11]. When controversies or conflicts occur, it is possible for members to have feelings like anxiety, resistance, and frustration [9]. Teams might fall apart in this stage while a study of 43 multifunctional teams shows that the effect of conflicts on team outcomes depended on how free members felt to express task-related doubts and how cooperatively or aggressively these doubts were expressed [3]. Once members conquer this stage, they will move to the next stage “norming”. During this stage, a team is capable of making significant progress because of such feelings as, a common goal, acceptable membership, and a relief of the work that have been done well [9]. The final stage during the growth of a team is “performing” where members can perform consistently. In this stage, members can create some measures to help the team overcome two predominant obstacles they might have during a project: getting functions to provide expertise to teams when they need it and getting people from various departments to speak a common language [12]. As illustrated by Meyer, “trying to run a team without a good, simple guidance system is like trying to drive a car without a dashboard.” [12] Right measures can significantly improve the team performances while inadequate measures negatively affect the team. Therefore, when creating measures, it is necessary to take some key criteria under consideration. For example, critical objectives must be tracked; monitor for out-of-bounds conditions; track critical variables necessary to achieve goal; eliminate the measurement if results do not create a change in behavior; don’t create too many measurements.

With the competitive nature of the technology industry ever-increasing pace, academia needs to look to the same, particularly with the disciplines that lead directly to technology and new product development job opportunities. Because of this “organizations are turning to project management and relying to a greater degree on project teams for the development and implementation of new products and programs [6].” In recent years, academics have begun reviewing the possibilities of project teams, hands-on projects, and multidisciplinary groupings of both students and faculty to enhance learning [2] [13]. If academics continue this move to the use of cross-functional teams, the “benefits for the students and faculty” will most certainly “outweigh the extra effort that is needed to bring such a course into being. [13]

## Case Study

In 2007, two faculty members from the mechanical department of Jubail Technical Institute (JTI) specialized in welding skills started a welding club. This club mainly focused on the welding activities. As the popularity of the club increased, students from a variety of mechanical fields with diverse skill sets started joining the group. The student affairs of JTI saw the potential of the members of the club to do much more things than just welding, and that is when they came up with the idea of the Mechanical Club.

This paper talks about the Mechanical Club, formed in 2012, to develop mechanical projects. The club initially consisted of 11 members including three faculty members and the rest of the group was comprised of students of JTI. This group consisted of

eight students from various fields like

computer-aided drafting and design, welding, millwright, machining, pipefitting and crane operation. It was this diversity in the club membership that allowed students to work together with those in other skill areas, something the academic tracks did not naturally enable.

The club started off with small meetings and discussions about various projects. At the very first part of this project, students came up with unique ideas by the means of brain storming process. By the end of this brain storming session, the club finalized upon the project that they would work upon. Among all the concepts submitted, the club zeroed in on developing a hydraulically powered aerial



**Figure 1 - Team Formation, the Welding Club evolves into the Mechanical Club**



**Figure 2 - Early fabrication and component fitting of the lift mechanism**

work platform in the form of a scissor lift [14].

The mechanical club made a decision to design a multi-step process including the research, conceptualization, feasibility assessment, establishing design requirements, preliminary design, detailed design, planning and tool design, and finally the finished concept of the Mechanical Hydraulic Lifter, as the team named it. Each member of the club was assigned a specific task related to his field of specialization.

The process started off with the drafting of the design by each member individually, allowing each student to interpret the project according to the expertise and talents of their respective skills before the final design was finalized by members specializing in AutoCAD® and other design software. This was then followed by the procurement of raw materials. Once received, the machinists began the process of cutting, milling and machining the designed components. Then these parts were welded and fabricated as per the design specifications by the welders and fabricators in the club. The welded parts were then assembled and tested for defects by the millwright students.

This project provided an excellent opportunity for JTI students to gain skills in teamwork, leadership, time management, and applied classroom knowledge to a real-world application that required a multidisciplinary team to complete.



Figure 3 - The finished product

## Results and Applications

A multifunctional team can be a great tool for companies, governments, and organizations to face challenges and solve complex problems. There are many applications of multifunctional teams. In the automotive manufacturing industry, a team comprised of psychologists, technicians, market experts, fashion designers, and economists come together to make the best color decision for the interior and exterior of new car models launching in the market. Without this breadth in perspectives and skills, the level of creativity and depth of insights into the consumer desires would not be that high, resulting in a less ideal outcome.



The case in Jubail Technical Institute (JTI) demonstrates the results of joining various technological, functional and professional skills into one team working towards a single, greater goal which led to better outcomes that were more accurate, in a shorter amount of time and required less overall effort. When the Welding Club grew up to become the Mechanical Club, more complicated projects and more challenging exercises became possible. In addition to the enhanced team outcomes, additional learning opportunities were presented: cross-disciplinary teamwork, communication, and project coordination skills were fostered in a real-world setting, providing the students hands-on experience they would have not received otherwise. Multidisciplinary teams and projects such as this demonstrate an “important and successful curricular and pedagogical model for senior engineering students to experience the multidisciplinary nature of “real world” engineering design practice [2].”

## **Discussion & Future Research**

While this case study was illustrative of the potential of a multidisciplinary team, particularly as it came from a totally voluntary source, it seems that more formal institutionalization of hands-on and even more cross-functional engagement could be of even higher value. Schools across the country are engaging in these new methods of learning, providing capstone projects driven by industry partners and educators working in tandem. A review of successful techniques and constructs could be useful for programs looking to start a formalized cross-functional learning segment for their programs. As an interesting postulate, it would be fascinating to review intra-discipline capstone efficacy and outcomes vs. inter-disciplinary capstone outcomes. While defining clear, consistent measure between programs will be difficult, one might consider trying for consistency by sticking with a single University. Portland State University has programs that stretch across colleges such as the “Launch in 9” entrepreneurship program between business and engineering students. The comparison to the more typical electrical engineering, or computer engineering capstone programs that focus on pairing students of the same discipline might be provide a valuable comparison to enhance our understanding of multidisciplinary dynamics in a academic setting.

## **Conclusion**

Cross-functional teams are more creative and frequently more effective than their single-minded counterparts. The use of multidisciplinary and cross-functional



teams in business is here to stay and students graduating from engineering programs need to be prepared for the realities of working with highly motivated teams of individuals with varying opinions, ideas, skills, and backgrounds. Communication between team members remains one of the single most important elements in cross-functional team success and by demonstrating and exposing students to the dynamics of cross-functional or multidisciplinary teams while still incubated by the instructive cocoon of their academic careers, we will be able to produce graduates whom are better prepared than their predecessors to take up the challenging jobs awaiting them as members of the modern workforce.

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## Appendix A: Electrical Engineering Undergraduate “Blue Sheet”

### Department of Electrical & Computer Engineering Electrical Engineering General Program Possible 4 Year Course Plan

FRESHMAN			SOPHOMORE			JUNIOR			SENIOR					
FALL	WINTER	SPRING	FALL	WINTER	SPRING	FALL	WINTER	SPRING	FALL	WINTER	SPRING			
Math / Science Requirements														
CALCULUS		LIN	DIF		CALC	Math/Sci Elective		Applied Statistics	This form is meant as a guide only. For their junior and senior years, Electrical Engineering majors must select a specific track from the following list:  analog/RF digital/VLSI electromagnetics microelectronics power signal processing					
I	II	ALG	EQ I		IV			STAT 451						
MTH 251	MTH 252	MTH 261	MTH 256		MTH 254									
CHEM			PHYSICS											
I			PH	PH	PH									
CH 221			211/221	212/222	213/223									
CH 227			214	215	216									
Engineering / Computer Science Requirements														
EXPLOR	ENGR	ENGR	ELEC CIRCUIT ANALYSIS			ELECTRONICS						Track senior electives 4XX		
ELEC	COMP	PROGR	I	II	III	I	II	III	ECE	ECE	ECE			
ECE 101	ECE 102	ECE 103	ECE 221	ECE 222	ECE 223	ECE 321	ECE 322	ECE 323	ECE 4XX	ECE 4XX	ECE 4XX			
			221L	222L	223L	321L	322L	323L						
	DIGI			DIGI		MICRO	Fourier	Feedback	ECE	Start MS program				
	CIRC			SYST		PROC	Analysis	& Control	4XX					
	ECE 171			ECE 271		ECE 371	ECE 312	ECE 311						
				ECE 271L		Eng. E-mag. I	Eng. E-mag. II	ECE Track Elective	Industry Design Proc	Senior Design Dev. I	S.P.D. II ECE 413			
						ECE 331	ECE 332		ECE 411	ECE 412				
						ECE 331L	ECE 332L							
General Education Requirements														
FRESHMAN INQUIRY			SOPHOMORE INQUIRY			TECH RPT			CLUSTER:					
UNST 1XX	UNST 1XX	UNST 1XX	UNST 2XX	UNST 2XX	UNST 2XX	WR 327			PRIV PUBLIC INVEST EC 314U	UNST UPPER DIVISION CLUSTER	UNST UPPER DIVISION CLUSTER			

EXPLANATION		2014-2015
CREDIT HOURS		
1	Refer to PSU Bulletin for General Education Requirements	 <b>Portland State</b> UNIVERSITY  Maseeh College of Engineering and Computer Science
2	See <a href="http://www.pdx.edu/ece/course-plans">http://www.pdx.edu/ece/course-plans</a> for available tracks and their requirements	
3	CORE ADMISSION REQUIREMENTS JR ELECTIVE SR ELECTIVES GRADUATE PROGRAM	
4		